



Pausa (Italian Edition)

Valentina Nizardo

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“Il punto è uno: adagiarsi arrendendosi o seguir tacitamente sogni improbabili? Fino a qualche tempo fa non avrei avuto dubbi. Letteralmente. Se mi piaceva uno, non è che pensavo perché mai dovrei assecondare un infantile bisogno e la conseguente attrazione che scaturirebbe da questo ipotetico bisogno che sicuramente ha a che fare con qualcosa che la psicologia chiamerebbe disturbo?”.

Come una Bridget Jones del 2005, l'anonima protagonista di Pausa si ritrova a 29 anni a fumar sigarette di notte mentre scrive il suo diario solitario, analizzando, strizzando, spremendo le situazioni fino al punto in cui paiono talmente striminzite che davvero non vale la pena di viverle, tentando in tutti i modi di boicottare se stessa.

Ma allora come fare quando la mente prende il sopravvento su di te, su quello che provi e addirittura su quello che pensi? Come fare per non farsi prendere dal vortice dell'amore e delle aspettative? Come fare a uscire da questo turbinio degli sgambetti mentali? Semplice (o forse non tanto): basta mettersi momentaneamente in pausa, guardando le nostre paturnie scorrere; come alla tv; come al cinema; come sulle pagine di un libro. Perché la pausa serve a questo. A stapparci una birra e, ogni tanto, a rilassarci...

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Alejandro Koenig:

Do you have favorite book? In case you have, what is your favorite's book? Guide is very important thing for us to learn everything in the world. Each publication has different aim or goal; it means that guide has different type. Some people truly feel enjoy to spend their a chance to read a book. They are really reading whatever they have because their hobby will be reading a book. How about the person who don't like examining a book? Sometime, person feel need book when they found difficult problem as well as exercise. Well, probably you should have this Pausa (Italian Edition).

Reinaldo Downs:

In this 21st one hundred year, people become competitive in each way. By being competitive currently, people have do something to make all of them survives, being in the middle of the crowded place and notice by means of surrounding. One thing that at times many people have underestimated the item for a while is reading. Yep, by reading a guide your ability to survive improve then having chance to stand than other is high. To suit your needs who want to start reading the book, we give you that Pausa (Italian Edition) book as starter and daily reading publication. Why, because this book is more than just a book.

Robert Hollinger:

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Margaret Phillips:

This Pausa (Italian Edition) is great book for you because the content and that is full of information for you who have always deal with world and possess to make decision every minute. This kind of book reveal it facts accurately using great plan word or we can state no rambling sentences within it. So if you are read that hurriedly you can have whole details in it. Doesn't mean it only gives you straight forward sentences but difficult core information with wonderful delivering sentences. Having Pausa (Italian Edition) in your hand like getting the world in your arm, data in it is not ridiculous just one. We can say that no e-book that offer you world throughout ten or fifteen minute right but this e-book already do that. So , this is good reading book. Hey there Mr. and Mrs. hectic do you still doubt which?

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