



Educating from the Heart: Theoretical and Practical Approaches to Transforming Education

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Educating from the Heart: Theoretical and Practical Approaches to Transforming Education is based on the questions: 'What does it mean to educate from the heart? What does it mean to educate with spirit?' It offers both theoretical overviews and practical approaches for educators, academics, education students and parents who are interested in transforming schools. Well-respected voices in the field of education provide a framework that includes recent findings from the world of neuroscience, as well as fresh perspectives about traditional wisdom. Practicing educators describe methods directly applicable in classrooms. In addition, many chapters emphasize the importance of educators attending to their own inner lives. The book encourages reinvigorating approaches to learning and teaching that can easily be integrated into both public and private K-12 school classrooms, with many ideas also applicable to higher education. It supports an educational system based on the beliefs that heart and spirit are intertwined with mind and intellect, and that inner peace, wisdom, compassion, and conscience can be developed together with academic content and skills.

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