



Diabetes and Pregnancy: A Guide to a Healthy Pregnancy for Women with Type 1, Type 2, or Gestational Diabetes

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Diabetes and Pregnancy is a comprehensive guide for women with Type 1, Type 2, or gestational diabetes. Combining and updating the content from both *Diabetes and Pregnancy: What to Expect* and *Gestational Diabetes: What to Expect*, this newly revised volume contains all the information needed for a woman to plan, conceive, and deliver a healthy baby. Meal planning, exercise, insulin therapy, and monitoring are covered. Other subjects related to pregnancy are also discussed, such as the different stages of an unborn baby's development, what tests to expect during pregnancy, labor and delivery, and birth control.

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