

### The Promise of Paradise: Life-Changing Lessons from the Tropics

Jonathan H. Ellerby



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*The Promise of Paradise* is an extraordinary little guidebook that will give you the tools, the attitude, and the diving board to make the greatest move of your life. This simple, clear, and often funny book is a gift that will change your life for the better.

Powerful and practical, these short chapters take you through the true life lessons of wellness expert and spiritual teacher **Dr. Jonathan Ellerby,** CEO of the Tao Wellness Center & Inspired Living Community Mexican Caribbean. Jonathan released his commitment to a quickly growing career as an author, media expert and traveling speaker, to move with his family to the Riviera Maya of Mexico to help design and lead the "Tao" wellness center and residential development. Tao is a community and event center dedicated to the pursuit of health through the celebration of connection, personal passion, inner peace and the imperative to make the world a better place. The "Tao Inspired Living Community" blends the magic of the local landscape with global influences to offer programs, international events, and a sense of community beyond compare.

In one of the safest and most sought after tropical destinations in the world, Dr. Ellerby reclaims age old lessons and promises of health, happiness, longevity and peace. On his journey to make this paradise like setting his home, Jonathan also faces the turbulent waters of relocation, tourism, societal fear, stereotypes and cultural evolution in a time of global, financial, and spiritual upheaval. The resulting wisdom is inspiring, a joy to read, and a truly life changing path to put into practice.

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