



# Altersreise: Wie wir alt sein wollen (HERDER spektrum) (German Edition)

*Henning Scherf*

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**Altersreise: Wie wir alt sein wollen (HERDER spektrum) (German Edition)** Henning Scherf  
Wie wollen wir alt sein? Und vor allem: Wie können wir würdig altern? Nicht weggesperrt in Altersilos, sondern gemeinsam mit anderen, mitten in der Gesellschaft? Dass das möglich ist und wie das geht zeigt Scherf, der sich dafür »vor Ort« begeben hat, Heime besucht, mit alten Menschen mitgelebt hat. Entstanden ist Henning Scherfs persönliches Buch zur Lage der »alten Alten«. Minuten-Pflege und Finanzprobleme müssen nicht sein. Scherf gibt konkrete und positive Antworten: Altsein ist eine Herausforderung. Aber sie ist zu bewältigen.

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