



Assessment and Therapy: Specialty Articles from the Encyclopedia of Mental Health

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Assessment and Therapy is a derivative volume of articles pulled from the award-winning *Encyclopedia of Mental Health*, presenting a comprehensive overview of assessing and treating the many disorders afflicting mental health patients, including alcohol problems, Alzheimer's disease, depression, epilepsy, gambling, obsessive-compulsive disorder, phobias, and suicide.

According to 1990 estimates, mental disorders represent five of the ten leading causes of disability. Among "developed" nations, including the United States, major depression is the leading cause of disability. Also near the top of these rankings are bipolar depression, alcohol dependence, schizophrenia, and obsessive-compulsive disorder. In addition, mental disorders are tragic contributors to mortality, with suicide perennially representing one of the leading preventable causes of death worldwide.

Assessment and Therapy describes the impact of mental health on the individual and society and illustrates the factors that aid positive mental health. Twenty-six peer-reviewed articles written by more than 40 expert authors include essential material on assessing and treating schizophrenia, manic-depressive illness, major depression, anxiety disorders, and other mental illnesses. Professionals and libraries will find this timely work indispensable.

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