



Life Transformed: How to Renew your Mind, Overcome Old Habits, and Become the Person God Designed You to Be

John Loren Sandford, R Loren Sandford

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Break free from the thoughts that are holding you captive

Have your thoughts become stumbling blocks to your progress? Do old feelings come back again and again to haunt you?

To live the life God has for you, it is not enough to just address your habitual patterns of *behavior*. Your *mind* must learn to think in new ways. Routine tracks of thought must be overcome before the new way of God can be built. *Life Transformed* provides a practical approach to spiritual transformation, teaching you how to...

- Confront the issues of the mind head-on with biblical truth
- Overcome your destructive thoughts
- Take control of your life
- Become the person God wants you to be

Life Transformed is about renewing your mind...like hitting the default button and taking you back to your origin in God before you were broken by sin. Its revolutionary approach will still the battleground where your thoughts and feelings rage.

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