



La plasticità del Sé: Un approccio neuropsicodinamico (Aspetti della psicologia) (Italian Edition)

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Concetto centrale della psicologia, il Sé è stato nel corso del tempo oggetto di riflessione all'interno di diversi approcci teorici e applicativi. Oltre che dalla filosofia e dalla psicoanalisi, contributi di rilievo in materia sono giunti dalle neuroscienze, dalla ricerca psicosomatica e dalla pratica psicoterapeutica. Nell'affrontare le basi concettuali dei diversi modelli del Sé, come pure le problematiche cliniche e terapeutiche, gli autori discutono in particolare il tema della natura plastica del Sé, che non si presenta come un'entità fissa, ma come un'organizzazione di strutture e funzioni dal carattere multiforme e dinamico.

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Bette Morgan:

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