



Complete Middle Eastern Cookbook

Tess Mallos

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This bestselling cookbook by Tess Mallos was first published in 1979 and has remained a classic, in several languages, ever since. Highlighting more than 500 classic and contemporary dishes from eighteen countries (Greece, Cyprus, Turkey, Armenia, Syria, Lebanon, Jordan, Iraq, Bahrain, Saudi Arabia, Kuwait, UAE, Qatar, Oman, Yemen, Egypt, Iran and Afghanistan), The Complete Middle Eastern Cookbook celebrates the diverse flavours and cultures of this rich culinary region.

In this revised edition, now available as an ebook, Tess explores the long and varied history of these countries with that of their cuisine, acknowledging the way the cooking traditions of each influenced and enriched its neighbours'. Recipe and chapter introductions have been updated to provide valuable information about how local food is prepared and served, ensuring this gastronomic bible remains essential to every household.

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