

Coming Home to Passion: Restoring Loving Sexuality in Couples with Histories of Childhood Trauma and Neglect (Sex, Love, and Psychology)

Ruth Cohn

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This book offers a detailed road map for overcoming sexual and relationship impasses originating from painful childhood experiences.

- Provides a manual of ten sequential, structured activities that can guide readers in their concrete work on relationships and sexuality
- Illustrates dynamics painfully familiar to readers with numerous stories of real-life case examples
- A bibliography recommends additional reading as well as references and other resources



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