

Treating Disorders in a Natural Manner: Applications from acne and allergy to varicose veins and weight reduction

Anne Simons

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This book proceeds from deficiency symptoms and presents a "therapy list".

The diseases caused by nutrient deficiencies are described in alphabetical order; missing substances are examined as potential reason for indisposition, and specific applications are suggested. In this manner the medical layperson can give thought to which substances should be made available to the body in order to restore health. The list ranges from "acne" and "allergy" to "weight reduction".

German author Anne Simons was born in 1956. She studied English and French languages and literature in Münster and Munich (Germany) as well as in Lille (France). She has worked as a teacher and a translator of fiction and non-fiction books, studied natural healing methods and has written various books, some of which have become bestsellers. Her books on OPCs ("Gesund länger leben durch OPC" with Alexander Rucker and "Das OPC-Arbeitsbuch") have made her well known. These and innumerable lectures in Germany, Austria and Switzerland on OPCs have made her popular in the German speaking parts of Europe.

Anne Simons not only sifted through the vast amounts of scientific literature on OPCs that mainly existed in French and English, but she also presented it to the German speaking reader in a way so that everybody can understand this complex topic. She met Professor Dr. Masquelier, who discovered and explored OPCs, personally, and through many encounters, talks and letters the two developed a sincere friendship. Anne Simons thus had the rare opportunity to get first-hand knowledge on the extremely fascinating issue of OPCs.

Anne Simons' works on OPCs (books, e-books and booklets) have been published by MayaMedia and many can also be purchased in English, French, Italian, Spanish and Turkish. (www.mayamedia.de).



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