



The Happy Palmist: My Joyful Adventure in Vedic Palmistry

Guyline Vallee

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How does a small-town girl from Quebec defy convention and become a Vedic palmist to the stars?

Guylaine Vallée's debut autobiography, *The Happy Palmist*, charts her tumultuous journey from unhappy teen to fulfilled healer and wellness consultant. New York Times best-selling author Steve Erwin (*Left to Tell*) helped Vallée craft her story, drawing out the rich details of heartache and elation that fill this chronicle of loneliness, hope and redemption. *The Happy Palmist* is an inspiring tale about how Guylaine Vallée became a much-loved and respected fixture on Quebec television and radio, helping people achieve their dreams. From meeting motivational speaker and author Wayne Dyer, visiting Mother Teresa and travelling to Varanasi, India, to reading the palm of pop superstar Ricky Martin to an inner journey seeking self-knowledge through Kriya Yoga, Guylaine Vallée never rests on her quest.

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