



# Art Psychotherapy Groups: Between Pictures and Words

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## Art Psychotherapy Groups: Between Pictures and Words

A growing number of art therapists are also trained in group analytic psychotherapy. This book explores the new theories and models for practice arising from the merging of these two disciplines.

Contributors ask whether a model can be applied universally to art therapy group work with diverse client groups. They present in-depth case studies looking at work with the following:-

- \* children
- \* drug and alcohol abusers
- \* forensic patients
- \* patients on acute psychiatric wards
- \* the cognitively-impaired elderly
- \* institutionalised patients moving into the community

A common theme which emerges is that the physical use of art materials and the space of the art room offer a possibility for communication of feelings which is not possible in purely verbal groups. This allows clients who would not normally be considered for group therapy to benefit from a psychodynamic group process.

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