



The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self

Mantak Chia, Andrew Jan

Download now

[Click here](#) if your download doesn't start automatically

The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self

Mantak Chia, Andrew Jan

The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self Mantak Chia, Andrew Jan

A guide to Taoist exercises to return to the Wu Wei state of mind and create the immortal spirit body

- Includes illustrated instructions to connect astral energy with the energies of animals, children, and plants to grow the immortal fetus, or spirit body
- Provides warm-up exercises and a complete daily Kan and Li routine
- Explores how these advanced formulas are used for astral flight and realization of the Wu Wei state

Building on the Lesser Kan and Li formulas for the development of the soul body, this book provides illustrated descriptions of the Greater Kan and Li formulas to create the immortal spirit body. Used by Taoist masters for thousands of years, these exercises are for advanced students of Taoist Inner Alchemy and mark the beginning of the path to immortality.

Master Mantak Chia and Andrew Jan reveal how to use Taoist inner alchemy to harness the energies of Sun, Moon, Earth, North Star, and Big Dipper and transform them to feed the soul body and begin development of the immortal spirit body. They explain how to reverse yin and yang power through energetic work at the solar plexus, thereby activating the liberation of transformed sexual energy. They explore how to open the heart center and how to connect astral energy with the energies of animals, children, and plants to grow the immortal fetus, or spirit body.

The authors provide warm-up exercises, including the Inner Smile and Fusion practices, and outline a complete daily Kan and Li routine for mental and physical health, longevity, astral flight, and realization of the Wu Wei state.

 [Download The Practice of Greater Kan and Li: Techniques for ...pdf](#)

 [Read Online The Practice of Greater Kan and Li: Techniques f ...pdf](#)

Download and Read Free Online The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self Mantak Chia, Andrew Jan

From reader reviews:

Daniel Reynolds:

Do you have favorite book? When you have, what is your favorite's book? Guide is very important thing for us to learn everything in the world. Each e-book has different aim or perhaps goal; it means that reserve has different type. Some people sense enjoy to spend their the perfect time to read a book. They are reading whatever they get because their hobby is actually reading a book. Think about the person who don't like examining a book? Sometime, person feel need book if they found difficult problem or even exercise. Well, probably you should have this The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self.

Sheila Searcy:

In this 21st one hundred year, people become competitive in each way. By being competitive currently, people have do something to make these people survives, being in the middle of typically the crowded place and notice by surrounding. One thing that sometimes many people have underestimated that for a while is reading. Yep, by reading a reserve your ability to survive raise then having chance to endure than other is high. For yourself who want to start reading the book, we give you this specific The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self book as basic and daily reading reserve. Why, because this book is more than just a book.

Robert Shaw:

The book untitled The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self contain a lot of information on this. The writer explains the woman idea with easy means. The language is very clear and understandable all the people, so do not really worry, you can easy to read that. The book was authored by famous author. The author provides you in the new age of literary works. You can read this book because you can read on your smart phone, or device, so you can read the book within anywhere and anytime. If you want to buy the e-book, you can wide open their official web-site and order it. Have a nice examine.

Rick Beard:

That e-book can make you to feel relax. This particular book The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self was multi-colored and of course has pictures on the website. As we know that book The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self has many kinds or style. Start from kids until youngsters. For example Naruto or Private eye Conan you can read and think you are the character on there. Therefore not at all of book are usually make you bored, any it can make you feel happy, fun and unwind. Try to choose the best book to suit your needs and try to like reading that will.

**Download and Read Online The Practice of Greater Kan and Li:
Techniques for Creating the Immortal Self Mantak Chia, Andrew
Jan #SBGPC7DUZ1T**

Read The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self by Mantak Chia, Andrew Jan for online ebook

The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self by Mantak Chia, Andrew Jan Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self by Mantak Chia, Andrew Jan books to read online.

Online The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self by Mantak Chia, Andrew Jan ebook PDF download

The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self by Mantak Chia, Andrew Jan Doc

The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self by Mantak Chia, Andrew Jan Mobipocket

The Practice of Greater Kan and Li: Techniques for Creating the Immortal Self by Mantak Chia, Andrew Jan EPub