



Grumpy Old Women

Judith Holder

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We all know what it means these days to be a grumpy old man, because part of that role is to be outspoken. Well, we've heard just about enough out of the men, thank you very much! *Grumpy Old Women* gives us the other perspective: the female take on the million irritations of today's world.

So what's the difference? Surely what is irritating to the mature members of one sex is equally annoying to the other? Not necessarily, and this is precisely what *Grumpy Old Women* seeks to address. Body image, visitors, children, animals, shopping, careers, parties, holidays and, yes, grumpy old men themselves all are very much on the list of what today's mature woman finds a source of concern.

From the series producer and stand-up comic Judith Holder, the book incorporates material from the television series *Grumpy Old Women*, which features a diverse, colourful and very grumpy group of celebrities, including Janet Street Porter, Jenny Eclair, Ann Widdecombe, Germaine Greer, Kathryn Flett and Jilly Cooper. Written with wit, style and sympathy, the book is a source of both amusement and comfort to women everywhere - grumpy, old or otherwise.

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