



# Why Happiness Makes Me Nervous

*Liza Charlesworth*

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## **Why Happiness Makes Me Nervous** Liza Charlesworth

In words and pictures, Liza Charlesworth's new book, *Why Happiness Makes Me Nervous*, captures the poetic journey of a girl's complicated coming of age. Loneliness, divorce, loss, love, burgeoning sexuality, and those awkward, epic years between adolescent and adulthood are explored in the pairing of these riveting poems and vivid photographs.

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