



Crecer con confianza: 1 (Crecimiento personal) (Spanish Edition)

Justine Mol

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¿Son necesarios los premios y los castigos para educar a los hijos?

Partiendo de los principios de la Comunicación No Violenta (CNV), desarrollada por el psicólogo Marshall Rosenberg, Justine Mol responde con un rotundo “no”. Los premios y los castigos conducen a la inseguridad, a la desmotivación o al deseo de complacer a toda costa.

En un libro tan cálido como revelador, Justine Mol cuestiona las teorías que vienen dominando la educación, basadas en la pura y simple manipulación, para proponer una crianza sustentada en la empatía y el respeto. Mediante infinidad de ejemplos, demuestra que los niños tienen una tendencia natural a confiar, aprender y participar. Partiendo de esa idea, enseña al lector a sustituir la motivación extrínseca por la intrínseca, las reglas inamovibles por una disciplina democrática, el enjuiciamiento por la atención.

Uno de los libros sobre crianza más elogiados de los últimos años, esencial no solo para educar a unos niños responsables, creativos, empáticos y capaces... sino también para crecer en el proceso.

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Rose Warfield:

Spent a free the perfect time to be fun activity to complete! A lot of people spent their free time with their family, or all their friends. Usually they accomplishing activity like watching television, planning to beach, or picnic in the park. They actually doing ditto every week. Do you feel it? Do you wish to something different to fill your current free time/ holiday? Might be reading a book may be option to fill your cost-free time/ holiday. The first thing that you ask may be what kinds of e-book that you should read. If you want to attempt look for book, may be the reserve untitled Crecer con confianza: 1 (Crecimiento personal) (Spanish Edition) can be excellent book to read. May be it can be best activity to you.

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