



Treating the Neurotic Patient in Brief Psychotherapy (Master Work)

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This book examines the use of brief psychotherapy with the neurotic patient, using clinical examples throughout. While treatment is shorter in brief psychotherapy, it is not easier or less demanding on the therapist. It demands a clarity of thinking and precision of purpose that takes time and motivation to develop. The contributors have found the principles of brief therapy to be startlingly effective in many situations. Includes chapters by contributors Harold Been, Walter Flegenheimer, Victor Goldin, Althea J. Horner, Isabel Sklar, Manuel Trujillo, and Arnold Winston.

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