

## Radical Vegetarianism: A Dialectic of Diet and Ethic (Flashpoint)

Mark Mathew Braunstein



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**Radical Vegetarianism: A Dialectic of Diet and Ethic (Flashpoint)** Mark Mathew Braunstein This is the vegetarian dialectic of diet and ethic: not coincidentally, but absolutely essentially, those foods that deprive the fewest lives of others contribute to the longest lives for ourselves. (from the preface) Vegetarians are not a better sort of people, just a better sort of carnivore, writes Braunstein in Radical Vegetarianism, and carnivores are just a better sort of cannibal. In this updated edition of the 1981 classic, Braunstein courageously takes on the canned canards, sacred cows, and wooly thinking of carnivores and vegetarians alike, and proposes a vegetarianism that goes beyond the stereotypes of pot-lucks and Birkenstocks to one that embraces contradiction and candor, or, as Braunstein says (channeling the Ancients), Gnaw Thyself.

Contents:

Nutrition in the Light of Vegetarianism Ashes to Ashes, Life to Life Letter to a Young Vegetarian Traveling Fast The Milky Way Animals and Infidels Carnivoral Death and Karmic Debt The Illogic of the Ecologic The Problem of Being a Flesh Eater An Apologetic Addendum

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