



School Counsellors Working with Young People and Staff: A Whole-School Approach

Nick Luxmoore

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School Counsellors Working with Young People and Staff: A Whole-School Approach Nick Luxmoore What is it like to work as a counsellor in schools? What relationship might a counsellor have with staff? How can a counsellor become a positive, integral part of school life?

In this book, Nick Luxmoore shows how school counsellors can make a positive difference to the whole life of the school. Rather than being a service hidden behind closed doors, he shows how to take a whole-school approach to counselling, making it a normal part of school life. The book demonstrates how staff as well as students can benefit from counselling, and how professional boundaries and relationships can be maintained. Key therapeutic aims and how to develop the service are also covered.

Drawing on over 26 years' experience as a school counsellor, Luxmoore combines vivid case material with psychotherapeutic theory to show counsellors how to provide an excellent service and make a positive contribution to the school. The book will be essential reading for school counsellors, headteachers, teachers, and anyone interested in effective counselling in schools.



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